

Commonwealth of Massachusetts
Executive Office of Health and Human Services
www.mass.gov/masshealth

MassHealth Pharmacy Program Antidepressant Initiative

A. The following antidepressant drugs DO NOT require prior authorization (PA):

amoxapine maprotiline
bupropion mirtazapine
bupropion sustained release nefazodone
citalopram paroxetine
fluoxetine 10 mg tablet/capsule sertraline

fluoxetine 20 mg capsule trazodone 50mg, 100mg, 150mg tablets

fluvoxamine tricyclic antidepressants

MAOI Inhibitors venlafaxine

B. The following antidepressant drugs \underline{DO} require prior authorization (PA), as well as brand name multiple-source antidepressants that have FDA "A"-rated generic equivalents:

EMSAM (selegiline transdermal system)

- PA

- PA

fluoxetine 20 mg tablet – PA

fluoxetine 40 mg capsule – PA

Luvox CR (fluvoxamine extendedrelease) – PA

mirtazapine, orally disintegrating tablet

PA

Pexeva (paroxetine) – PA

Prozac Weekly (fluoxetine) – PA

Remeron Sol Tab (mirtazapine,
orally disintegrating tablet) – PA

Sarafem (fluoxetine) – PA

Symbyax (fluoxetine/olanzapine) – PA

trazedone 300mg tablet – PA

- PA trazodone 300mg tablet - PA

Paxil CR (paroxetine controlled release) – Wellbutrin XL (bupropion extended-release) – PA

C. Treatment failure

i. The following selective serotonin reuptake inhibitors (SSRI) \underline{DO} require prior authorization (PA). The prescriber must provide documentation that the member has failed treatment with $\underline{citalopram}$ and one other generic selective serotonin reuptake inhibitor.

Lexapro (escitalopram) – PA

ii. The following serotonin and norepinephrine reuptake inhibitors (SNRI) \underline{DO} require prior authorization (PA). The prescriber must provide documentation that the member has failed treatment with at least one SSRI and one other antidepressant listed in section A.

Cymbalta (duloxetine) – PA

Effexor-XR (venlafaxine extended-release) – PA

Please note:

The prescriber will not be required to submit a paper PA form for a Cymbalta, Effexor XR, or Lexapro prescription if, over the last six months, the member has filled a prescription for a cumulative supply of at least 100 days of that same antidepressant medication, except when the addition of this drug would constitute duplicative therapy (see D. below). *

D. Duplicative Therapy

PA is required when the member has an overlap of 60 days or more in prescriptions for any dosage form of two or more of the following drugs:

citalopram fluoxetine/olanzapine
desvenlafaxine fluvoxamine
duloxetine paroxetine
escitalopram sertraline
fluoxetine venlafaxine

^{*} Note: The decision on whether PA is required is based upon information available in the MassHealth pharmacy database. The MassHealth database contains member drug utilization information exclusive to MassHealth, and no other health plans.